

Prairie Winds

4-H Record Book Guidelines

Completing Your 4-H Record Book

Your 4-H record book is an organized summary of what you have learned and accomplished in 4-H. Your 4-H record book will be a helpful tool for verifying your own progress and personal growth throughout your 4-H career.

Assembling your 4-H Record Book

- ▶ **Cover:** Use a 4-H record book cover (which can be obtained from shop4-h.org) or three-ring binder.
- ▶ **SD 4-H Member's Annual Report**
- ▶ **4-H Meetings (Statement must be signed by both member and a parent)**
- ▶ **4-H Leadership-4-H Accomplishments- 4-H Project or Program Participation**
- ▶ **4-H Promotional Activities**
- ▶ **My 4-H Story**
- ▶ **4-H Project or Program Area (with goals)**
- ▶ **Youth In Action (Accumulative Record)**
- ▶ **Judging (Accumulative Record)**
- ▶ **Community Service Activities (Accumulative Record)**
- ▶ **All Other Awards (Accumulative Record)**
- ▶ **4-H Shooting Sports Record (if applicable)**
- ▶ **4-H Rodeo Report (if applicable)**
- ▶ **4-H Rodeo Record (if applicable)**

Requirements to Complete the 4-H Year

- _____ Attend four club or special interest meetings
- _____ Give a Demonstration/Illustrated Talk/Public Speaking/Project Why at club or county level
- _____ Participate in judging, club, county and/or state events, show project accomplishment
- _____ Complete a 4-H Record Book